



Support Group List for Recovery from Addictions and More

12-Step Groups

- Adult Children of Alcoholics_ - <http://www.adultchildren.org/>
- Al-Anon/Alateen - <http://www.al-anon.alateen.org/>
- Cocaine Anonymous - <http://www.ca.org/>
- Co-Dependent's Anonymous - <http://www.codependents.org/>
- Compulsive Eaters Anonymous <http://www.ceahow.org/>
- Crystal Meth Anonymous <http://www.crystalmeth.org/>
- Debtors Anonymous - <http://www.debtorsanonymous.org/>
- Eating addictions anonymous - <http://www.eatingaddictionsanonymous.org/>
- Eating Disorders Anonymous <http://www.eatingdisordersanonymous.org/>
- Gamblers Anonymous - <http://www.gamblersanonymous.org/>
- GamAnon - family groups of gamblers - <http://www.gam-anon.org/>
- Marijuana Anonymous - <http://www.marijuana-anonymous.org/>
- Narcotics Anonymous - <http://www.na.org/>
- Nar-Anon - family groups of addicts - <http://www.nar-anon.org>
- Nicotine Addicts Anonymous - <http://www.nicotine-anonymous.org/>
- Overeaters Anonymous - <http://www.oa.org/>
- Sexaholics Anonymous <http://www.sa.org/>
- Sex Addicts Anonymous - <http://saa-recovery.org/>
- Survivors of Incest Anonymous - <http://www.siaawso.org/>
- Sex and Love Addicts Anonymous - <http://www.slaafws.org/>
- Spenders Anonymous - <http://www.spenders.org/>
- Workaholics Anonymous - <http://www.workaholics-anonymous.org>

Women for Sobriety founded by Jean Kirkpatrick in 1975. Go to <http://www.womenforsobriety.org> for literature and on-line support. New Life Acceptance Program:13-steps based on metaphysical, empowering beliefs for women.

Master mind groups – A peer-lead group of like-minded people who want to support each other in improving life. See page 129 of From Sabotage to Success, Enlisting the Aid of Others. Go to icreatehabits.com to get free report about how to start a Master Mind group.

Counselor-Lead Groups – Divorce support, domestic violence groups, anger management, parenting, grief support etc. Look for listings in your area on the internet, in the Yellow Pages or small, local publications.

